THC Is Bringing Back the FREE House Call.

The doctor will see you now... wherever you are. Total Health Care USA offers \$0 virtual visits for medical care through Total Health Cares' virtual visit partner, Teladoc® or when rendered by Total Health Care in-network providers that have virtual visits as an option.

Medical virtual visits, when rendered through these providers, are paid 100% before deductible for all Total Health Care small group and large group plans, including HDHPs.

Behavioral health and substance use virtual visits are also available with \$0 copay before deductible for all plans when rendered by Beacon Health providers, THC's partner for delivery of behavioral health and substance use services.

HOW DO I ACCESS?

MEDICAL VIRTUAL VISITS WITH A THC PROVIDER

Simply ask your THC provider if a virtual visit is an option for you and your condition or reason for scheduling the appointment. If so, your provider's office will provide you with instructions to access this service for their specific practice.

The process and technology required to access THC participating providers for virtual care may vary by practice so you will want to contact each provider separately when looking to schedule a virtual visit.

BEHAVIORAL HEALTH VIRTUAL VISITS THROUGH BEACON HEALTH

Call **855.377.2416** or visit them on the web at

www.achievesolutions.net/totalhealthcare to find a

provider through Beacon Health that offers virtual behavioral

health / substance use visits that meet the criteria for \$0 copay.





313.871.7888 or 800.826.2862

THCmi.com

f/TotalHealthCareUSA

✓/TotallvTHC



Total Health Care is a state-licensed, nonprofit corporation.

Effective 2021

MEDICAL VIRTUAL VISITS THROUGH TELADOC

When you need to see a doctor and you need to see one now, Teladoc is a fast, effective alternative to going to an emergency room or urgent care facility in many situations.

And just like scheduled virtual visits, they are completely **FREE** to all THC Small and Large Groups, including members with high deductible health plans.

All Teladoc providers:

- Are practicing primary care providers, pediatricians, and family medicine physicians
- Have an average 20 years of experience
- Are U.S. board-certified and licensed in your state
- Are credentialed every three years and meet NCQA standards

When should you use Teladoc?

- When you need care now
- When you're considering the ER or urgent care for a non-emergency issue
- When you're on vacation, on a business trip, or away from home
- When you need a short-term prescription refill

Patients must register with Teladoc first at Teladoc.com

Contact Teladoc at:









© 2018 Teladoc, Inc. All rights reserved. Teladoc and the Teladoc logo are registered trademarks of Teladoc, Inc. and may not be used without written permission. Teladoc does not replace the primary care physician. Teladoc does not guarantee that a prescription will be written. Teladoc operates subject to state regulation and may not be available in certain states. Teladoc does not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. Teladoc physicians reserve the right to deny care for potential misuse of services.